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what the cross of Jesus offers us. for free.

I ask you, therefore, not to be discouraged because of my sufferings for you, which are your glory.

Ephesians 3:13

# Ephesians 3:14-21

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I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

Ephesians 3:16



# Resources for your Inner Being

## 1. The Strength of Jesus

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith.

Ephesians 3:16-17

“We need [Jesus’] presence for the simple but sublime reason that Christianity is Christ. The only one who can live the Christian life is Christ.

All the Lord expects from us is failure.

We as regenerated men and women, boys and girls, are to allow him as God to live his life in us through the indwelling Holy Spirit. The Holy Spirit is the one through whom God makes himself available to us. All that Jesus is as God is put, by the Holy Spirit, at the disposal of the individual who will put, by the Holy Spirit, all that he or she is at the disposal of Jesus as God. That is the essence of the Christian life. The Christian life is a supernatural life. It is the life of Christ lived out in every believer by means of the indwelling Holy Spirit”

John Phillips

# Resources for your Inner Being

1. The Strength of Jesus
2. A (relational) Knowledge of Jesus' love

And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge.

Ephesians 3:17-19

How do I come to “know”  
another person’s love for me?



How do I come to “know”  
another person’s love for me?

Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ and become one with him.

Philippians 3:8

And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge.

Ephesians 3:17-19

The isolated Christian can indeed know something of the love of Jesus. But his grasp of it is bound to be limited by his limited experience. It needs the whole people of God to understand the whole love of God, *all the saints* together, Jews and Gentiles, men and women, young and old, black and white, with all their varied backgrounds and experiences.

John Stott

# Resources for your Inner Being

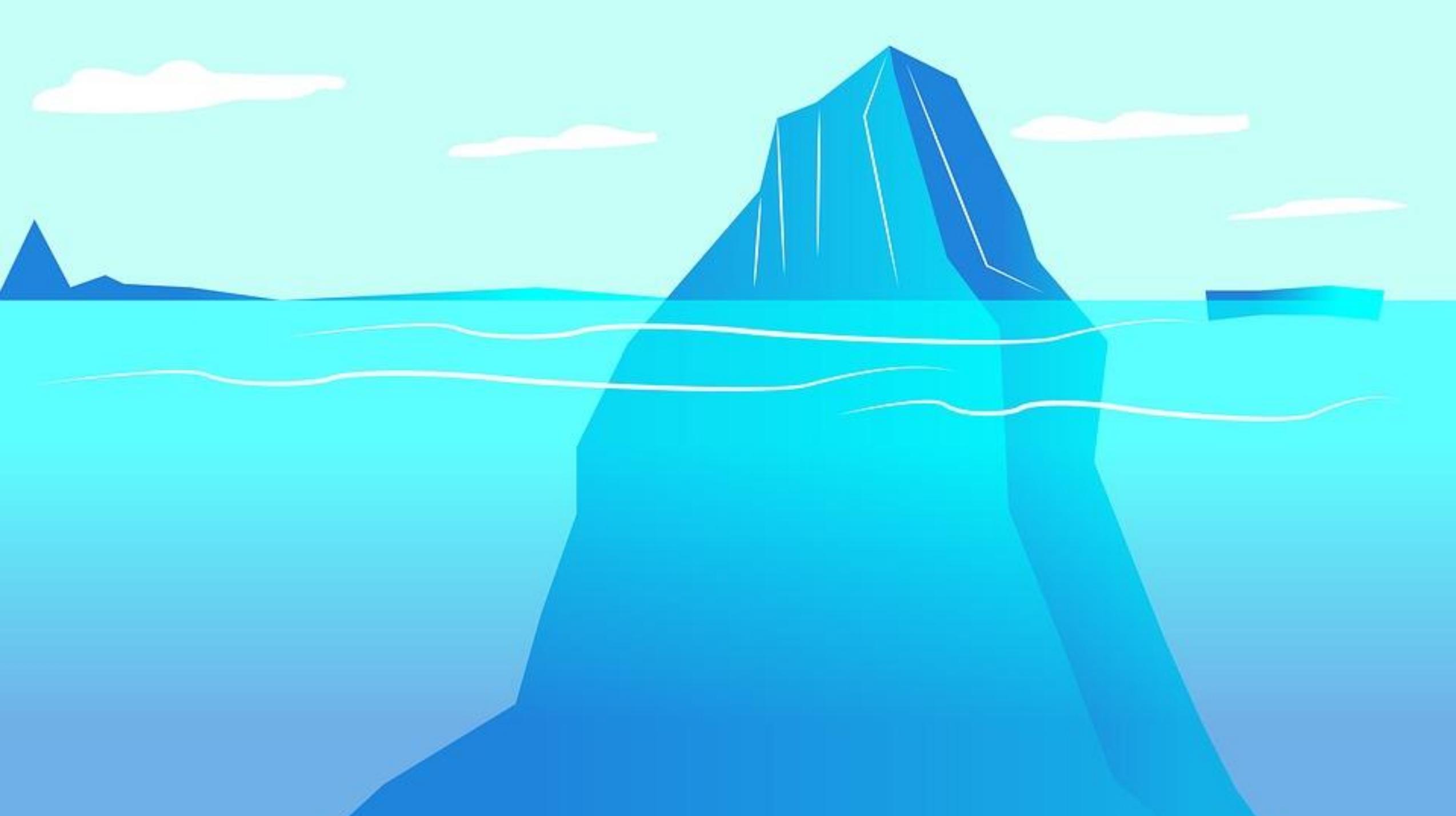
1. The Strength of Jesus
2. A (relational) Knowledge of Jesus' love
3. The Fullness of God

...that you may be filled to the measure of all the fullness of God.

Ephesians 3:19

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

Ephesians 4:22-24



Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.

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